

BREAKFAST

**SERVED
ALL DAY**

BREAKFAST BURRITO

Scrambled eggs, salsa, avocado & swiss cheese wrapped in a flour tortilla, served with breakfast potatoes or fresh fruit salad

BREAKFAST WRAP

Scrambled eggs, bacon, cheddar cheese & tomatoes wrapped in a whole wheat tortilla, served with breakfast potatoes or fresh fruit salad

THE FAVORITE

Three eggs scrambled with goat cheese, sundried tomatoes, avocado, mushrooms & basil, served with toast & breakfast potatoes or fresh fruit salad

PROTEIN LOVER'S SCRAMBLE

Three eggs scrambled with grilled chicken, bacon, cheddar cheese & spinach, served with toast & breakfast potatoes or fresh fruit salad

**TURKEY
BACON**
available

TWO EGGS WITH BACON*

Served with toast & breakfast potatoes or fresh fruit salad

CREATE YOUR OWN OMELET

Any 3 items of your choice:

Tomatoes, bacon, avocado, spinach, mushrooms, olives, onions, broccoli, red peppers, sundried tomatoes, turkey, chicken, swiss cheese, cheddar cheese, mozzarella cheese, goat cheese, gruyère cheese, zucchini, yellow squash, salsa or basil, served with toast & breakfast potatoes or fresh fruit salad

HUEVOS RANCHEROS*

Two eggs over medium, topped with cheddar cheese, avocado, black beans, salsa & sour cream on blue corn tortillas

AVOCADO TOAST

Smashed avocado, roasted tomatoes & two eggs over medium topped with parmesan cheese on artisan italian bread

PANCAKES served with fresh fruit

Original, Blueberry or Banana Chocolate Chip

FRENCH TOAST served with fresh fruit

OATMEAL – OLD FASHIONED OR STEEL CUT

add strawberries & bananas

SALADS

CHOPPED SALAD

Chopped broccoli, red cabbage, tomatoes, olives, garbanzo beans & mozzarella cheese tossed with our balsamic basil vinaigrette

→ with chicken or tuna

COBB SALAD

Grilled chicken breast, gorgonzola cheese, bacon, avocado, tomatoes, eggs & romaine lettuce tossed with our ranch dressing

GRILLED VEGETABLE & CHICKEN SALAD

Grilled chicken breast, romaine lettuce, eggplant, zucchini, roasted red peppers, yellow squash, tomatoes & cucumbers tossed with our balsamic basil vinaigrette

CAESAR SALAD

Romaine lettuce, parmesan cheese & croutons tossed with our caesar dressing

→ with chicken or tuna

CHINESE CHICKEN SALAD

Grilled chicken breast, mandarin oranges, cucumbers, romaine lettuce, carrots, scallions & wontons tossed with our chinese dressing

**we use only
ALL NATURAL &
100% HORMONE-FREE
grilled chicken breast**



SALADS

ALBACORE TUNA SALAD

Mixed greens, tomatoes, cucumbers & our homemade albacore tuna salad tossed with balsamic basil vinaigrette

SIGNATURE SALAD

Nut-crusted goat cheese, mixed greens, tomatoes, cucumbers & radishes tossed with our balsamic basil vinaigrette

→ with chicken or tuna

SPINACH SALAD

Baby spinach, bacon, tomatoes, mushrooms, caramelized pecans & goat cheese tossed with our lemon herb vinaigrette

→ with chicken or tuna



CURRY CHICKEN SALAD

Mixed greens, tomatoes, cucumbers & our chicken curry salad tossed with our balsamic basil vinaigrette

ARUGULA PEAR SALAD

Baby arugula, pears, shaved fennel, goat cheese & caramelized pecans tossed with our lemon herb vinaigrette

→ with chicken or tuna

SOUP

SOUP OF THE DAY
SOUP & ½ SALAD or ½ SANDWICH

**Consuming raw or undercooked meat, poultry, seafood, shellstock, or eggs may increase your risk of food borne illness.*

GOURMET SANDWICHES



Served with your choice of bread and side

SMOKED TURKEY & AVOCADO SANDWICH

Smoked turkey, avocado, swiss cheese, mixed greens, tomatoes & chipotle mayo

RACHEL'S CHICKEN SALAD SANDWICH

Chicken salad made with apples, grapes, celery, scallions & watercress

**sandwiches
AVAILABLE IN A
LETTUCE WRAP**

TURKEY CLUB

Smoked turkey, bacon, swiss cheese, avocado, romaine lettuce, tomatoes & mayo

VEGETARIAN SANDWICH

Goat cheese, eggplant, zucchini, roasted red peppers, yellow squash, red onions, roasted tomatoes & chipotle mayo

440 SANDWICH

Grilled chicken breast, goat cheese, avocado, roasted red peppers, roasted tomatoes & romaine lettuce

ULTIMATE GRILLED CHEESE

Gruyère, cheddar & parmesan cheese grilled to perfection with roasted tomatoes

ALBACORE TUNA SALAD SANDWICH

Albacore tuna salad, mixed greens, tomatoes & mayo

BREAD CHOICE

SOURDOUGH
WHOLE-WHEAT
CIABATTA

FRENCH BREAD
LETTUCE WRAP
GLUTEN-FREE

WRAPS

Served with your choice of side

CHICKEN CAESAR WRAP

Grilled chicken breast, parmesan cheese, romaine lettuce, tomatoes & our caesar dressing wrapped in a flour tortilla

ALBACORE TUNA WRAP

Albacore tuna salad, romaine lettuce, tomatoes & mayo wrapped in a whole wheat tortilla

CHICKEN TENDER WRAP

Breaded chicken tenders, romaine lettuce, tomatoes, red onions & our ranch dressing wrapped in a flour tortilla

BBQ CHICKEN WRAP

Grilled chicken breast, romaine lettuce, tomatoes, onion rings & bbq sauce wrapped in a spinach tortilla

CURRY CHICKEN WRAP

Chicken curry salad, romaine lettuce, cucumbers & mayo wrapped in a whole wheat tortilla

SIDE CHOICE

MIXED GREEN SALAD
SWEET POTATO FRIES
FRESH FRUIT SALAD

FRENCH FRIES
KETTLE CHIPS

KIDS MENU

*Served with choice of apple juice, orange juice, milk or fountain drink.
Ages 8 and under.*

PANCAKES

Original, blueberry or banana chocolate chip

SCRAMBLED EGGS

Served with toast & breakfast potatoes or fresh fruit

PEANUT BUTTER & JELLY SANDWICH

Served on sourdough with breakfast potatoes or fresh fruit

PENNE PASTA

Served with butter or meat sauce

TURKEY & SWISS SANDWICH

Served on sourdough with mayo, with french fries or fresh fruit

CHICKEN TENDERS

Served with french fries or fresh fruit

RACHEL'S MAC & CHEESE

Served with or without onions & mushrooms

GRILLED CHEESE

Served on sourdough with french fries or fresh fruit

**KID-FRIENDLY
TASTES**

Rachel's Kitchen is not a gluten-free facility. All items are prepared in a common kitchen with the risk of gluten exposure.

PASTA

Substitute gluten-free pasta

TRADITIONAL TOMATO BASIL

Penne with fresh tomatoes, basil, garlic & extra virgin olive oil topped with parmesan cheese

SIGNATURE PASTA

Penne with sautéed chicken breast, parmesan cheese, eggplant, sundried tomatoes & mushrooms with our tomato cream sauce

FETTUCCINE ALFREDO

Our delicious cream sauce with spinach & mushrooms topped with parmesan cheese
→ with chicken

RYAN'S PESTO PASTA

Fettuccine with sautéed chicken breast, sundried tomatoes, peas & mushrooms with our basil pesto cream sauce topped with parmesan cheese

ANGEL HAIR BOLOGNESE

Angel hair with our homemade meat sauce topped with parmesan cheese

RACHEL'S MAC & CHEESE

The classic recipe with our twist, served with onions & mushrooms

Earn Rewards by Joining Our
PREFERRED GUEST PROGRAM
preferredguest.rachelskitchen.com



FRESH SQUEEZED JUICES

ENERGIZER

Beets, apples, carrots, lemon & ginger root
—> 16 oz. 170 calories • 24 oz. 250 calories

POPEYE'S SECRET

Apples, spinach, carrots, celery, beets & parsley
—> 16 oz. 160 calories • 24 oz. 240 calories

SWEET GREENS

Kale, spinach, cucumbers, celery, apples, lemon & ginger root
—> 16 oz. 170 calories • 24 oz. 260 calories

IMMUNE BOOSTER

Kale, fennel, carrots, apples & lemon
—> 16 oz. 170 calories • 24 oz. 260 calories

CARROT

—> 16 oz. 160 calories • 24 oz. 240 calories

WATERMELON

—> 16 oz. 140 calories • 24 oz. 210 calories

☀️ CREATE YOUR OWN JUICE ☀️

STEP 1: CHOOSE YOUR BASE

Apples • Carrots • Cucumbers • Pineapples

STEP 2: CHOOSE 4 ADDITIONAL ITEMS

Apples • Beets • Cayenne Pepper
Carrots • Celery • Cucumbers
Fennel • Ginger Root • Kale • Lemon
Parsley • Pineapples • Spinach



SMOOTHIES

HAWAIIAN BLISS

Pineapples, bananas, coconut, pineapple juice & nonfat vanilla frozen yogurt

SUNRISE

Strawberries, bananas, orange juice, apple juice & nonfat vanilla frozen yogurt

AÇAÍ BERRY

Açaí, raspberries, blackberries, blueberries, strawberries, pineapples, pineapple juice & nonfat vanilla frozen yogurt

THE GREEN SMOOTHIE

Spinach, pineapple, banana, coconut milk & honey

PEANUT BUTTER BLAST

Bananas, chocolate peanut butter cups, chocolate milk, peanut butter & nonfat vanilla frozen yogurt

THE WILSHIRE

Peaches, bananas, pineapples, orange juice & nonfat vanilla frozen yogurt

PEACHBERRY

Blueberries, blackberries, peaches, raspberries, strawberries, cranberry juice & nonfat vanilla frozen yogurt

BERRY MANIA

Raspberries, blackberries, blueberries, strawberries, apple juice & nonfat vanilla frozen yogurt

INCREDIBLE HULK

Bananas, peanut butter, soft silken tofu, milk & honey

Add
PROTEIN POWDER
to any smoothie



www.rachelskitchen.com

SERVING THE LAS VEGAS VALLEY SINCE 2006

HUALAPAI

3330 S. Hualapai Way
Las Vegas, NV 89117
702-459-6789



THE DISTRICT

2265 Village Walk Dr.
Henderson, NV 89052
702-213-4531



THE TRAILS

9691 Trailwood Dr.
Las Vegas, NV 89134
702-213-4576



THE OGDEN

150 Las Vegas Blvd., North
Las Vegas, NV 89101
702-778-8800



TOWN SQUARE

6605 S Las Vegas Blvd.
Las Vegas, NV 89119
702-485-3636



CENTENNIAL HILLS

7010 N. Durango Dr.
Las Vegas, NV 89149
702-213-4582



McCARRAN INTERNATIONAL AIRPORT

Limited Menu

D Gates • 702-261-7280

FRANCHISE
OPPORTUNITIES
AVAILABLE



WE PROUDLY BREW

Peet's Coffee

Served Hot or Cold – Blended or On Ice

COFFEE
MACCHIATO
CAFFÈ LATTE

ESPRESSO
CAPPUCCINO
CHAI LATTE

with mocha, caramel or vanilla

Espresso drinks only available at select locations

Giving back is in our DNA. That's why we donate a portion of all revenue to local charities in the communities we serve. Visit friendsofrachels.com for more info!

